

# Summer Volleyball Clinic

**Who:** 5<sup>th</sup> - 8<sup>th</sup> grade girls

**What:** Basic Volleyball Skills

**When:** May 28<sup>th</sup> - 29<sup>th</sup> from 9 a.m. - 1 p.m.

**Where:** Covenant Christian School's Gym

**Why:** To teach and strengthen the fundamentals of volleyball at the beginning of the summer so that they will have the skills to prepare and practice for tryouts in the fall (possibly a follow-up camp later in the summer)

**Cost:** \$50/girl; \$25/additional sibling (price includes t-shirt)

*\*\*All proceeds will go to Covenant Church of Mobile's mission trip to Costa Rica\*\**

**What to Bring:** sack lunch

## Instructor's Credentials:

### Amy Wilson

- o played for CCS
- o graduated from CCS 2003
- o awarded MVP and All Conference
- o played for Baker
- o graduated from Baker in 2007
- o awarded "Best Offensive Line"
- o Assisted Deborah Z. Fulgham with the 2007 CCS girls volleyball team

### MariKate Howell (251)680-7719

- o played for CCS
- o graduated from CCS 2002
- o awarded MVP and all conference
- o played for Cottage Hill Christian Academy
- o graduated from Cottage Hill Christian Academy in 2006
- o awarded Christian Character, All Star, MVP, Coach's Award
- o head coach of CHCA's JV volleyball team from 2007 to present
- o assistant varsity coach from 2007 to present

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*Cut and Return to CCS Office by Monday May 19<sup>th</sup>*

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

School: \_\_\_\_\_ Phone Number: \_\_\_\_\_